

WEEKLY MENU

14th August

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN EVENT	<p>Chicken shawarma wrap, salad & selection of sauces</p> <p>Add spicy chicken wings</p>	<p>Savoury Beef with steamed New Potatoes & Green Beans</p>	<p>Roast Topside Beef, Roast Potatoes, Seasonal Veg & Gravy</p>	<p>Chicken Dhansak Curry, Rice, Poppadum, Mint Yogurt & Mango Chutney</p>	<p>Battered or breaded Pollock, chips, mushy peas, tartare sauce</p>
CHEF SELECTION	<p>BBQ Pulled Pork Mac & Cheese</p>	<p>Tandoori Chicken, Biryani Rice, Cucumber & Red Onion Salad, Onion Bhaji & Mint Yogurt</p>	<p>Crispy Haddock Fillet, Fried Rice, House Salad & Thai Sauce</p>	<p>Shepherd's Pie, Minted Peas & Gravy</p>	<p>Satay Chicken, Rice & Summer Salad</p>
VEGETARIAN	<p>Falafel wrap, hummus, salad & selection of sauces</p> <p>Vegan option available</p>	<p>Grilled Goats Cheese, Roasted Beetroots, Rocket, Toasted Seeds & Balsamic Dressing</p>	<p>Cauliflower & Cheese Gratin, Garlic Green</p>	<p>Chickpea & Cauliflower Dhansak Curry, Rice, Poppadum, Mint Yogurt & Mango Chutney</p>	<p>Battered Quorn Sausages, Chips, Mushy Peas, Tartar Sauce</p>
DESSERT	<p>Vanilla & Sultana Sponge Cake with Custard</p>	<p>Steamed Treacle Sponge with Cinnamon Custard</p>	<p>Apple Crumble with Custard</p>	<p>Chocolate Sponge with Custard</p>	<p>Pudding of the Day</p>
SOUP	<p>Cream of Mushrooms</p> <p>Chipotle Chicken & Black Beans</p>	<p>Tomato & White Bean</p> <p>Lamb & Pearl Barley</p>	<p>Cream of Broccoli</p> <p>Chicken & Sweetcorn</p>	<p>Spiced Red Lentil & Chickpea</p> <p>Pea & Ham</p>	<p>Soup of the Day</p> <p>Pork & Bean Gumbo</p>

RESTAURANT OPENING TIMES: LUNCH - MONDAY - FRIDAY 11:45 - 13:45

BREAKFAST - MONDAY - FRIDAY 07:30 - 09:30

Food Allergies & Intolerances

Please speak to our staff about the ingredients in your meal when making your order

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